



✂ Smoothie ⏱ 15 min

# Chiquita Smoothie with Raspberry and White Chocolate

Ingredients: 2 ripe bananas, 180 mL milk, 30 g white chocolate chips, 5 mL red food coloring, 45 g raspberries.

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1. Peel the bananas and slice them into small pieces.

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2. Add the banana pieces, milk, white chocolate chips, red food coloring, and raspberries to a blender.

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3. Blend until smooth. Pour into a glass and garnish with a banana slice and raspberries.

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- 1 cup Chiquita
- 180 mL milk
- 30 g of white chocolate chips
- 5 mL red food coloring
- 45 g raspberries

277 kcal

13,2 g protein

8,4 g fiber

32,8 g carbohydrates

29,8 g fat

1,3 g sodium

5,8 g sugar

0,2 g iron

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